

# May 2025

# LUNCH MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;">NOTES:</p> <p>* Participating in sports can build your child up... or drag them down. Make athletics a positive experience for your youngster with these strategies:            * Encourage them to set goals - but make sure goals are realistic. They might aim to touch the ball three times during a game or try a move that they've been working on.            * Avoid comments about your youngster's size or body. Concentrate on the friends they are making, the places they are playing, and the effort they are putting forth ("I love how you tried to get the rebound").</p>				1	2	3
				Taco Burger on a Bun Tomato Salsa Tortilla Chips (6-12) Dark Green Leaf Lettuce Tomato Slice, Refried Beans Fresh Banana Tropical Fruit (9-12) Milk	Chicken Patty Whole Wheat Roll & Honey Mashed Potatoes & Gravy Steamed Asparagus Sliced Pears Banana (9-12) Milk	
4	5	6	7	8	9	10
	Chicken Nuggets Whole Wheat Roll & Jelly Seasoned Brown Rice Asian Fresh Vegetables Cherry Tomatoes, Celery sticks Tropical fruit Peach (9-12) Milk	Super Nachos Salad Refried Beans Fresh Mixed Fruit Cup Mandarin Orange (9-12) Milk	Cooks Choice Breadstick w/Marinara Sauce Seasoned Corn Tossed Salad Fresh Kiwi Tropical Fruit (9-12) Milk	Cooks Choice Creamy Cole Slaw Baked Beans Fresh Strawberries Peaches (9-12) Milk	Cooks Choice Steamed Carrots Pineapple Cherry Crisp Broccoli Slaw Cherry Applesauce (9-12) Milk	
11	12	13	14	15	16	17
	Cooks Choice Garlic Breadstick (9-12) Garden Salad Fresh Baby Carrots Peaches Blueberry (9-12) Milk	Cooks Choice Fresh Snow Peas Baked Beans Summer Fruit Salad Royal Brownie Peach (9-12) Milk	<b>Sack Lunch</b> Ham & Cheese on a Bun Baby Carrots Chips Apple Rice Crispy Treat Milk	<i>Schools Out for Summer</i>		
18	19	20	21	22	23	24
						
25	26	27	28	29	30	31
						