







# May 2025

# BREAKFAST MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Note:            * Participating in sports can build your child up... or drag them down. Make athletics a positive experience for your youngster with these strategies:            * Encourage them to set goals - but make sure goals are realistic. They might aim to touch the ball three times during a game or try a move that they've been working on.            * Avoid comments about your youngster's size or body. Concentrate on the friends they are making, the places they are playing, and the effort they are putting forth ("I love how you tried to get the rebound").</p>				1 Chicken Biscuit Breakfast Sandwich Fresh Mixed Fruit Cup Fruit Juice Choice Milk	2 Pancake on a Stick Fruit Cocktail Fruit Juice Choice Milk	3 
4	5 French Toast Sticks with Syrup Fresh Grapes Fruit Juice Choice Milk	6 Oatmeal Breakfast Round Yogurt Cup Strawberries & Bananas Fruit Juice Choice Milk	7 Cooks Choice Fresh Apple Fruit Juice Choice Milk	8 Cooks Choice Mandarin Oranges Fruit Juice Choice Milk	9 Cooks Choice Slice Peaches Fruit Juice Choice Milk	10
11 	12 Whole Grain Cereal String Cheese Fresh Orange Fruit Juice Choice Milk	13 Cooks Choice Fruit Cocktail Fruit Juice Choice Milk	14 Whole Grain Muffin Tropical Fruit Fruit Juice Choice Milk	15 <i>Schools Out for Summer</i>	16 Have a great  Summer Vacation!	17
18	19 	<i>Summer Vacation</i>				24 
25	26	27	28 	29	30	31